

New Jersey Mental Health Planning Council (MHPC)

Meeting Minutes

February 8, 2012

Notices to announce the date, time and location of this meeting were sent out to the following news outlets: *Newark Star-Ledger*, *Asbury Park Press*, *The Times* (Trenton), *Bergen Record*, *The Press* (Pleasantville), and the *Courier-Post* (Cherry Hill)

Attendees:

Jacob Bucher	Lisa Negron	Helen Williams
Damyanti Aurora	Donna Best	Karen Carroll
Patricia Dana	Mary Ditri (phone)	Maryann Evanko
Angel Gambone	Alice Garcia	Marilyn Goldstein
Ana Guerra	Joseph Gutstein (phone)	Julian Fowler (alt rep for HMFA)
Michael Ippoliti	Barbara Johnston	Herbert Kaldany (phone)
Carolyn Davis	Tracy Maksell	Hazeline Pilgrim
Jim Romer	Regina Sessoms (phone)	Robin Weiss
Marie Verna		

DMHAS, DCBHS, DCF, & DDD Staff:

Patricia Bernabe	Suzanne Borys	Geri Dietrich
Margaret Molnar	Jonathan Sabin (phone)	Dona Sinton

Guests:

Harry Coe (phone)	Kathleen Dobbs	Louann Lukens
Rachel Morgan (phone)	Peggy Reiff	Kim Reilly

- I. Administrative Issues/Correspondence/Review of Previous Minutes
 - A. A letter to Commissioner Velez from the MHPC in support of the DD Task Force recommendations that were presented to the MHPC in late Spring 2011 was included in handouts for the meeting.
 - B. Minutes were reviewed and approved as is.
 - C. A call for addictions consumer members was approved and will be sent to Eva's Recovery Center, NCADD-NJ and to the MHPC membership for distribution.
 - D. At next month's meeting on March 14, 2012, the membership subcommittee will meet in room 378 at 9 am and the Olmstead Advisory Committee will meet at noon in room 378.
- II. Announcements/Discussion of January Webinar
 - A. Webinar that was held on January 26, 2012 did include some NJ participants. The powerpoint that was presented was distributed and Bruce Emery was the presenter.
 - B. A Supportive Housing Association event will be held on February 15 on the Special

- Needs Housing Trust Fund. They are looking for support to advocate to re-supply the fund and the meeting will be held in the Capital Building Annex.
- C. Long Term Care conference was announced for March 12 at the NJ Hospital Association
- III. Update Regarding the Merger – Helen Williams and Marie Verna
- A. The Merger Advisory Committee has been dissolved as of the last meeting
1. Members of the MAC have been invited to participate in various workgroups in response to the Comprehensive Waiver
- B. Moving forward a standing item on the agenda to take its place should be a waiver update from members on the workgroups
- IV. Consumer Operated Services – Margaret Molnar
- A. A powerpoint was presented as an overview and a handout was provided on current consumer operated services, many of which are funded by the Block Grant. There is currently around \$8.7 million in self help centers/consumer operated services.
1. Wellness is important. DMHAS is expanding the Office of Consumer Affairs by adding two additional staff who will be involved in RFP reviews, hospital monitoring, program development, various workgroups, etc.
 2. Wellness Recovery Action Plans (WRAPs) – certified WRAP trainers, as defined by Mary Ellen Copeland
 3. Psychiatric Advance Directives (PADs)
 - a. Question- Joe Gutstein- How many PADs have been filed in the division? Answer – not sure and will get back to you (792 per Lisa Ciaston in Office of Legal and Regulatory Affairs on 2/22/12)
 4. Wellness coaching – 8 dimensions of wellness are incorporated
 - a. Division will provide \$225,000 to expand peer wellness coaching training, in collaboration with Pennsylvania
 - b. Question- will there be continuing education for those of us who are already trained? Answer – Current coaches will apply to get older adult training
 - c. Comment – Marie Verna- Committee representatives asked if they will get training to work in their self help centers to work with older adults. Response – It's for people trained as wellness coaches so there's no reason why they can't do a train the trainer model
 5. Hearts and Minds Program – statewide prevention program for consumers with metabolic syndrome
 6. Self Help Centers - we have 33 mental health self help centers, including in the State Hospitals, that hold different activities and groups
 - a. Comment- Jack Bucher – Eva's Village is an Addiction Recovery Center in Paterson
 - b. Comment – Suzanne Borys- DMHAS currently has a RFP posted for the southern counties to develop an additional addictions Recovery Center
 7. Peer Operated Services (CHOICES, Financial Literacy Program, Transportation Services)
 - a. Question – Joe Gutstein- How many consumers have individual development account (IDA) accounts? Answer – Jack Bucher – the initial pilot was for a

period of 5 years and the funding mechanism came from PNC Bank Foundation and a federal match. They are designed to help people save for and acquire productive assets such as home, business or educational initiatives.

- b. Question – Marie Verna – What counties are transportation services in?
Answer – Burlington only

8. Quality Assurance Tools

- a. FACIT is a fidelity assessment tool that demonstrates use of centers
- b. Self Help Outcome Utilization Track (SHOUT) has been implemented at all self help centers and is the basis for the Annex A with DMHAS
- c. Comment – Marie Verna – Statewide quality improvement fair for the past few years and SHOUT is a great project that should be submitted for consideration
- d. Comment – Joe Gutstein – Can we have a presentation on SHOUT and FACIT findings at the Planning Council? Comment – Harry Coe – I did a FACIT review and it's highly confidential. Comment – Jack Bucher – we would have to use not identifiable data, aggregate only for those reasons

9. Comment – Jim Romer – our screening center hires peers who are not ready to go full time because structure of their benefits disqualifies them for benefits; we want peer for her skills but there's no flexibility to help her transition to full time work.

- a. Comment – Marie Verna – Peer specialist can't make the switch because of the hours and benefits and it's a federal issue
- b. Comment – Jim Romer – it doesn't make sense this limitation; this is great having peers on site and to hire them as screeners
- c. Comment – Margaret Molnar – with waiver we will be able to introduce more peers into the workplace
- d. Comment – Regina Sessoms – I worked as a screener and its hard to compartmentalize since you've been in the situation; and there wasn't anyone I could talk to so there needs to be a peer group for those who are screeners
- e. Comment – Marie Verna – UBHC has programs that are hitting the same issue as it's a trigger for your own issues
- f. Comment – Lisa Negrón – I agree with Jim's comments; many don't like the title of Consumer Manager and having to be responsible for selves and other peers; life coaching is really necessary
- g. Comment – Joe Gutstein – should the Division of Developmental Disabilities (DDD) provide funding to self help centers since some of the population to drop in are DD clients? Answer – Margaret Molnar – I can bring it up at Executive Staff
- h. Comment – Regina Sessoms – SSI versus SSD should be discussed and differentiated; economy hits both sides
- i. Comment – Jim Romer – our personnel folks don't know how to negotiate that; they want to but its not easy
- j. Comment – Margaret Molnar – SAMHSA has released a toolkit for consumer operated services

V. Addictions Outcomes Performance Measures - Suzanne Borys

- A. A powerpoint was presented as an overview.
1. 10 domains to address performance monitoring for prevention and treatment
 2. NOMS were implemented in addictions in 2006
 3. Providers and county Directors are issued provider performance reports two times a year
 - a. Adolescents and women are pulled out separately because they are special populations with special needs
 - b. Use percentile rankings so agencies can compare to each other
 4. Question – Jack Bucher- Are Drug Courts part of this data too? Answer – Suzanne Borys – yes they are included in this. Drug Court is not mandated but if they are in treatment then the agency must report to NJSAMS
 5. Question – Marie Verna – Can you do outcomes on Drug Court? Answer – Suzanne Borys – Yes we have data
 6. Question – Karen Carrol – What is the difference between detox programs? Answer – it is a different type of facility coding.
 7. Question – Tracy Maksell – Were there qualitative measures for perception of care in 2005 survey? Answer – I would like to do another survey.
 8. Question – Kim Riley – Is the survey online for perception of care? Answer – not online yet but I will try to get it up there
 9. Comment – Marie Verna – The 8 consumer forums on the merger did focus a little on this.
 10. Comment – Kim Riley – focus groups are great but this survey will help with data driven outcomes
 11. Comment- Barbara Johnston – There were also 4 consumer forums with Medicaid and DMHAS, with about 50 to 100 at each forum
 12. Question – Marie Verna- when you measure self help groups, do you include double trouble? Answer – we don't distinguish the specific type of group; any self help group
 13. Question – Regina Sessoms – Do you have a training for folks who run groups for double trouble? Answer – email Elizabeth.conte@dhs.state.nj.us, Margaret.molnar@dhs.state.nj.us or kathi.bedard@dhs.state.nj.us
 14. Question – Karen Carrol – on slide 30 is the report online broken down more to view? Answer – yes online you can see more.

VI. Planning Activities and Recommendations

A. For future meetings topics for consideration include:

1. DCA and boarding homes
2. Children's projects update
3. SHOUT/FACIT aggregate findings

Next Meeting

MHPC General Meeting: 3-14-12, **10:00am-12:00** noon, Room 336